



## **Worksheet B** Episode 1: Kindness

Word of the day	,	 	

The word of the day is *amable*, which means kind in Spanish. What does "kind" mean to you?

**Your ideas** Stay Kind Together! List 3 ways you can be kind at home or at school:

 1.

 2.

 3.

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Ask Carmen
What would you ask Carmen about kindness?

**Define it** What is bullying?

**What can you do?** What is the most important thing you should do if you or someone you know is being bullied?

**You're the artist** Draw a picture of a kind act and describe your drawing in words.